



## **WARMADEWA UNIVERSITY**

ACHIEVING PERSONAL AND PROFESSIONAL SUCCESS CAC33M01

International Program



# ACHIEVING PERSONAL AND PROFESSIONAL SUCCESS Graduate Course



#### **COURSE DESCRIPTION**

This course introduces the tools and techniques for defining and achieving success in your personal and professional life. You will hear true stories about finding your passion and core values, applying these values to your own life, working well with others, communicating effectively, setting goals, and using influence to achieve these goals. You will also learn how to manage your time efficiently, the importance of work-life balance, and why taking care of your mental and physical well-being can hugely affect your professional success.

#### **OBJECTIVES**

By the end of this course, students should be able to:

- Know what drives them and how to utilize that in life and work.
- Create the perfect work-life balance.
- Identify specific time management tools for personal and professional productivity.
- Set goals and use influence to achieve them.
- Communicate effectively online and in real life.

#### **LECTURING METHOD**

The course will be presented in lecture activities, classroom assignments and discussions, case studies, special topic presentations, and homework. Students will be working primarily based on real-life stories, though additional materials can be assigned from time to time. To understand the topics covered in this course, students must read the supplied online material before class sessions to contribute thoughtfully to the class discussions and exercises.

#### **ACADEMIC RESEARCH**

This course includes an academic research paper that must be completed during your semester. It will be based on a topic given by the lecturer and requires comprehensive research by the student. This paper will consist of methodological analysis of the latest literature and be handed in at the end of the semester. The academic research will be included in the final course grade.

#### **ASSESSMENT METHOD**

Class attendance 10 %, Exercises and projects 30 %, Mid-term exam 30 %, Final case study 30 %



#### **LECTURERS**

Made Bram Sarjana and guest lecturers

#### **LECTURE TOPICS**

Week	Topics							
1.	Introduction to the Principles of Personal and Professional Success							
2.	Escape Corporate: From Employee to Entrepreneur							
3.	10 Steps to Starting Your Own Business							
4.	How to Find Your Passion and Core Values?							
5.	How to Successfully Build Your Personal Brand?							
6.	Soft Skills in Digital Communication – Social Media and Other Digital Marketing Tools							
7.	Mid-Term Exam							
8.	The Fast Path to Profit and Freedom							
9.	Happiness 101 in Life and at Work							
10.	How to Be Productive: Work & Life Balance							
11.	The Art of Building Billion Dollar Companies							
12.	How to Create a Plan for the Life You Want?							
13.	Final Case Study Presentation							
14.	Final Exam							

### WORKLOAD

ACHIEVING PERSONAL AND PROFESSIONAL SUCCESS (MASTER) 16 weeks

		Weeks per semester TO													TOTAL hrs			
		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	
	Homework, assignments		2	2	2	2	2	2			2	2	2	2	2	2		24
	Workshops		4															4
	Exam preparation							9								10		19
	Company visits, excursions															4		4
INDEPENDENT	Preparation for presentations and papers			2		2		2			2		2		2			12
WORK	Preparation for class		2	2	2	2	2	2			2	2	2	2	2	2		24
	Follow-up for class		1	1	1	1	1	1			1	1	1	1	1	1		12
	Final essay paper															10		10
	Academic Research															20		20
	Course evaluation																2	2
	Workshop and Excursion Paper			2													2	4
																		135
HRS OF EXAMS									2								2	4
MANDATORY	Class Weekly	2	2	2	2	2	2	2			2	2	2	2	2	2		26
CLASS ATTENDANCE	hrs ~4																	
		TOTAL WORKLOAD PER COURSE (HOURS)													165			
		TO	TA	L E	TS													5