



ASIA
EXCHANGE
A KEYSTONE COMPANY



BEYOND
ABROAD
A KEYSTONE COMPANY

GUIDE

YOUR DESTINATION

Everything you need to know about your destination



CANCÚN
SAN JOSE

DUBLIN
LISBON
TAMPERE
CAGLIARI

SEOUL
SHANGHAI
BUSAN
BANGKOK
PHUKET
KUALA LUMPUR
BALI
PERTH
TAIPEI

asiaexchange.org

YOUR WAY ABROAD

beyondabroad.org

STUDY DESTINATION

SHANGHAI, CHINA

1. ARRIVAL IN SHANGHAI, CHINA

We recommend traveling to Shanghai at least a few days before the start of the study program, if possible. This will give you a chance to get to know the surroundings before the beginning of your studies. However, we don't recommend you arrive in China too early with the student visa. The student visa is meant for studying purposes only. More information on visas is available in this document, on our web page and at the Chinese embassy in your country.

We recommend staying first in a backpacker hotel, where the staff speaks English, and you can get information of the city and the culture. It is recommended to visit the campus before the start of the semester but moving into the dedicated accommodation building on the campus might not be possible earlier than a couple of days before the start of the semester.



After you've booked your flights, please let us know the date when you will arrive in Shanghai.

1.1. Registering with the Ministry of Foreign Affairs

We recommend that all students register their trip at their home country's embassy or Ministry for Foreign Affairs before the start of the study abroad program. Once you have a local cell phone subscription, you can inform your local embassy of your Chinese phone number, too. Most countries offer citizens the possibility of registering online.

The registration includes giving out personal data, contact information for the duration of your trip, and information about your stay abroad. The information is used in cases of emergencies.

All independent travelers are advised to register their trips.

2. HOST UNIVERSITY – SHANGHAI UNIVERSITY (SHU)

The Shanghai University-SHU-, based in Shanghai China, established in 1922, is a public, research-driven university at the heart of the city of Shanghai. The current Shanghai University is a result of a 1994 merge between four different universities in Shanghai:

Shanghai University of Technology, Shanghai University of Science & Technology, Shanghai

Institute of Science & Technology and the former Shanghai University. The four universities were all leaders in their fields of expertise and the current Shanghai University, coincidentally, enjoys a reputation of having an excellent curriculum across different fields of studies, as well as having decades of experience in multiple disciplines.

Shanghai University (SHU) is a member University of Project 211 and a leading comprehensive university co-sponsored by the Ministry of Education and Shanghai Municipality. It is among Shanghai's first pilot programs of high-level construction of local university.

As a university with first-class discipline construction qualified by the Ministry of Education, SHU reaches 22nd among universities in Mainland China in QS rankings 2023, and 1st in THE Higher Education World University Influence Rankings 2021.

SHU offers a wide range of disciplines, covering philosophy, economics, law, education, literature, history, natural science, engineering, medical science, management, art, multi-discipline, etc. There are more than 40,000 full-time students in Shanghai University, including 2,837 international students from more than 150 countries.

What you will gain

China's rapid development and its integration into the world economy have created opportunities for international business. At the same time, foreign companies face the challenge of adjusting their way of business operation in China. Therefore, it is crucial to know better about the changing and complex market, policy making of China as well as Chinese language and culture to successfully do business in China. This program is just designed to provide students with a multidimensional comprehension of Chinese Business.

This well-tailored, multidisciplinary program focuses on all specific areas relevant to doing business in China. With relevant theories and up-to-date practical applications, the program aims to equip students with systematic knowledge of business practices and the ability to analyze changes in government policies and regulations that affect business operations in China.



3. WORKING IN FINLAND

International students in Tampere can work part-time while studying. During the academic year, they can work up to 25 hours per week, with no limit during holidays. A residence permit for studies typically allows for work, but it's essential to check specific job conditions.

4. CONTACTS

The international office at SHU provides support for exchange students for academic issues, assistance and information. The person that is responsible will be the program coordinator, College of International Education, Shanghai University, Ms. Xin Huang.

Ms. Huang Xin

(Program Coordinator, College of International Education, Shanghai University)

Address: No.149 Yanchang Road, Jing'an District, Shanghai

TEL: 0086-021-56331888

Email: huangxin29@shu.edu.cn

5. MONEY

You will need cash in Shanghai as the opportunities to pay with a credit card can be limited. You should exchange a small amount of Chinese RMB or CNY already in your home country, e.g. for the taxi at the airport. As the opportunity to pay with a credit card is very limited there.

If you take your own currency with you and exchange it in one of the local banks, please remember to bring your passport with you. Compare exchange rates and be careful when exchanging currencies.

5.1. Cash withdrawing money, and credit cards

- We recommend taking at least one credit card and/or a VISA Electron with you. Sometimes ATM cards are lost or stolen so it is recommended to keep a second card in a separate area in case this happens. Don't wait until you're all out of cash to withdraw more money because sometimes you may face technical difficulties when using the ATM.

- ATMs are everywhere, including the airport and near the campus. You must pay a commission for every withdrawal, so we advise you to withdraw the maximum amount at once. It's possible to withdraw up to 3 000 RMB depending on the ATM you are using. Forged 100 RMB bills have been circulating China's big cities and the banks check the larger bills carefully when exchanging money.
- If you open a Chinese bank account, you can download for example AliPay or other mobile payment apps on your phone. Mobile payments are widely used in China. For example, at the university's campus cafeteria, you need to pay for your food with your student card. For this purpose, you need to charge money onto your student card at the counter downstairs. On campus, cash payments are accepted only in selected stores (also then only small bills).

5.2. Bargaining

Like all over Asia, bargaining is a common habit in China. At first, it might feel stressful, but you will get used to it. Don't take bargaining too seriously. You will get the best price with a sense of humor and a few words of Chinese. We recommend you start communicating in Mandarin as soon as possible. Already a few words show respect towards the locals and their culture. People will give you better service and lower prices for sure. Bargaining can be a pleasant experience for you and for the seller.

6. PHONE CALL AND CELL PHONE SUBSCRIPTION

Getting Chinese SIM card

Once you arrive to Shanghai, you should get a local prepaid phone subscription as soon as possible (Note! Airport prices are expensive and not recommended). The main operators have their shops all around the city and in the shopping mall located on campus. The most popular local brands are China Unicom, China Telecom and China Mobile. Apart from Skype, this is the cheapest way to keep in touch with your family and friends back home. There are three teleoperators in Costa Rica: Kolbi ICE, Movistar and Claro. There is, of course, debate on which offers the best coverage and pricing but usually, tourists are recommended to use Kolbi ICE that is a state- owned company. You can find their SIM cards in almost every store. However, registering a new number must be done in an official phone provider office. The process itself is fast and straightforward: a passport, an

unlocked phone, and a little cash. After changing to the local SIM, be careful not to lose your original SIM.

Different call and data packages are readily available, the prices and registration processes vary a little and you should consider a few different possibilities based on your individual needs. As of 2015, China Unicom offers the fastest data connection.

Mobile packages are affordable and below are some examples:

- 1 month for 59 RMB (incl. 200 min of call time, 200 SMS + 1 gB of data per day)
- 3 months for ca. 300 RMB (incl. ca. 700 min of call time, 700 SMS + 40 gB of data per month in the Shanghai area)

Calling from your Chinese number to Home

Ask your Chinese phone operator or surf online to find the most affordable overseas plans, so you can call your friends and from China. There are various international discount codes which are dialed before the actual phone number. However, please remember that the discount codes are usually not valid when sending text messages.

Calling from your home country to your Chinese number

Surf online to find the most affordable ways of calling to China, so your friends and family can call you in China. For example, from Finland it is possible to call to a Chinese number with less than 10 cents per minute with using a discount code. Companies in Finland offering discount calls are e.g. Call99577 (<http://www.99577.fi>) and TeleAle (<http://www.teleale.com>). For making the discount calls, your friends and family need to dial the discount code + country code + your Chinese number (e.g. 99577 86 12345678). The discount codes are not valid when sending text messages.

Chinese Emergency telephone numbers:

The following emergency telephone numbers work in all areas of China; calling them from a cell phone is free.

- Patrol Police: 110
- Fire Department: 119
- (Government-owned) Ambulance/EMS: 120

- (Privately-owned, in some areas) Ambulance: 999
- Traffic Police: 122
- Directory inquiries: 114
- Consumer Protection: 12315

7. TRANSPORTATION IN SHANGHAI

Shanghai has an excellent public transportation system that includes buses, ferries, metro as well as light rail. The Shanghai metro is vast, but after you've familiarized yourself with the most useful lines, it is easy to navigate.

For travelling within China, trains are an inexpensive, clean and convenient option. The recommended website for purchasing train tickets with the lowest commission is www.ctrip.com. If you have a Chinese bank card and have enabled the WeChat Wallet function, you can also purchase train tickets via WeChat.

Shanghai University and Shanghai urban areas also provide a city bike system for an environment-friendly mode of transportation. Download the mobile application "Molike" or "OfO" to rent a bike. The fare is 1 RMB per hour.

Taxis

Taxis are the quickest way to travel during rush hour and the most popular way for foreigners to get around, and it is not too expensive. Save your taxi receipt because it contains the taxi's identification number which might come in handy if you forget your valuables in a taxi or have any problems with the drive. Most taxi drivers do not speak English or any other foreign languages, so be sure to have the name and address of your destination written in Chinese to show your taxi driver. Avoid any unofficial looking Taxis. We also recommend using and downloading the riding app that is quite popular in China. (Riding app Didi)

Rush hour is also something you need to calculate when estimating your travel time. The rush hour lasts from about 7.30-9.00 in the morning and from about 4.45 to 6.30 in the evening. The metro is always very crowded, regardless of the hour.

7.1. Making your way to the airport

The easiest way to get to your accommodation after a long flight is to take a taxi. Navigating through the public transportation system, especially the metro, is challenging when you have a lot of luggage and you're not yet familiar with the city.

Taxis are very affordable, as well. Most taxi drivers do not speak English or any other foreign languages, so be sure to have the name and address of your destination written in Chinese to show your taxi driver. Avoid any unofficial looking taxis and make sure the meter is turned on only after you get in.

You can also take the Maglev train from the airport (Pudong International Airport) to get closer to the city center and continue with a taxi from there (<http://www.smtdc.com/cn/index.html>)

We recommend taking some Chinese Renminbi (RMB) with you from your home country for the first purchases, such as for the taxi journey from the airport to your first accommodation place.

From Pudong International Airport to Shanghai University Yanchang campus:

By metro (2 hours)

Subway Line 2 (18 stops), change at People's Square to Line 1 (5 stops), and get off at Yanchang Road.

By airport shuttle bus (3 hours)

Shuttle bus No. 6 (4 stops), change at Fuxin east road henan south road, walk to Henan south road fuxin east road stop, take bus No. 66 (11 stops), and get off at North baoxing road minyan road.

By taxi

180 RMB

From Hongqiao Airport to Shanghai University Yanchang campus:

By metro

Subway Line 2 (9 stops), change at People's Square to Line 1, and get off at Yanchang Road.

By bus

Bus No. 807, change at Jinshangjiang road zhenbei road, walk to Jingshajiang road zhenbei road stop (240 meters), take bus No. 858, and get off at Yanchang road gonghexin road.

By taxi

70 RMB



YOUR WAY ABROAD

The world has an interesting way of giving great experiences
to the ones who are passionate about their dreams.

Miia Muukkonen, Asia Exchange student

